

## The ACT of Leadership

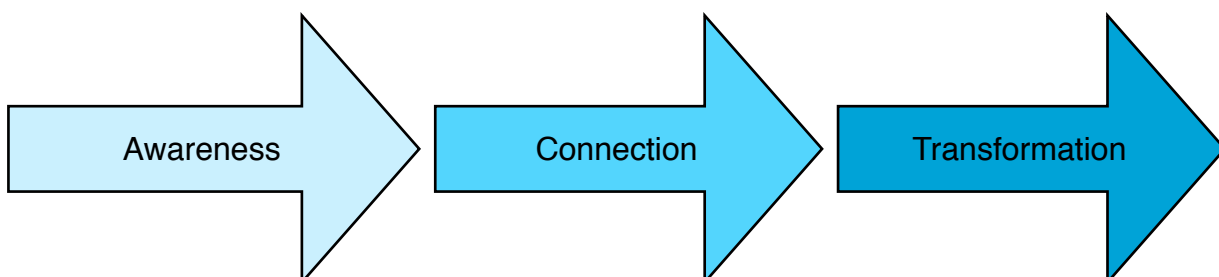
Leadership is not a “style” that can be adopted. Leadership is a state of being, that involves all aspects of the human being - PHYSICAL, MENTAL, EMOTIONAL AND SPIRITUAL:

<b>PHYSICAL</b>	<i>The ability to manage your physical state, to be able to move from a state of potential stress or fear to a state of dynamic relaxation, or “flow”, for optimal performance and the fulfillment of potential</i>
<b>MENTAL</b>	<i>To remain clear-sighted and rational without losing the ability to connect at the human level - to maintain a high level of emotional intelligence focussed on the benefit of the greater good</i>
<b>EMOTIONAL</b>	<i>To acknowledge your emotional reactions, understand their purpose and to integrate them into balanced, emotionally intelligent, Adult-to-Adult interactions with those involved in all circumstances, rooted in a clear perception of the present without regret for the past or fear for the future</i>
<b>SPIRITUAL</b>	<i>To know the purpose of your actions, and how this purpose fulfills your personal sense of meaning and that of those your actions affect up to the broadest level of your “world”</i>

Leaders do things, and enable others to get things done.

*Most importantly, leaders do and enable other people to do things that have never been done before in circumstances that have never previously existed. In other words, leaders act, and ACT stands for AWARENESS, CONNECTION and TRANSFORMATION.*

The Leader is aware of and connected to himself, to those whom he leads and with the situation in which he and they find themselves. The quality of his awareness and connection determines the level of transformation that can occur - a transformation of the situation to the mutual benefit of himself and all others involved, and which, of course, involves the transformation of everyone involved ...



The ACT of leadership takes place in three spaces. The cornerstone of leadership is leadership of SELF - if you cannot lead yourself, you cannot truly lead anyone. This expands into leadership of OTHERS, often in the form of the team, and then into leadership of the WORLD, often in the form of the organisation.



The ACT of leadership also takes place over three time periods - the NOW of the present situation, the desired FUTURE to which the leader wishes to progress, and the WAY or the path between now and the desired future:

The leader thus has to ACT in nine Leadership Spaces, and can embody nine Forms of Leadership. In each of these leadership forms, the leader's Awareness, Connection and Transformation determine the quality of his leadership and the quality of the experience - the engagement and fulfillment - of those led. ACT is the third dimension at work in all aspects of time and place.

		Time			Awareness, Connection, Transformation	Being
		Now	The Way	The Future		
Space	World	Grounded Leaders	Challenging Leaders	Visionary Leaders	Awareness, Connection, Transformation	Being
	Team	Adult Leaders	Coaching Leaders	Inspirational Leaders	Awareness, Connection, Transformation	
	Self	Authentic Leaders	Journeying Leaders	Inspired Leaders	Awareness, Connection, Transformation	

Extraordinary leaders are therefore able to lead themselves in the four aspects - physical, mental, emotional and spiritual. They are aware of and connected with their current situation, their vision of their desired future and the path in between. They are aware of their people - their current states and circumstances, their hopes, fears and potentials - and are able to connect with them through the right language and concepts. They are also aware of the effects of their actions on the broader world of which they and their team/organisation are a part. The Extraordinary Leader uses all this awareness and connection to effect a beneficial transformation for all involved, focussed on the mutual benefit of the greater good.

*More information on 3-Dimensional Leadership is contained in our new book: "An introduction to 3 Dimensional Leadership", Linacre and Cann, 2011*

